




Suntra
spa

Pricelist



15
ON ORANGE

It is believed that a star named Suntra is responsible for bringing the water element to planet earth and it is from this concept that the Suntra Spa draws both its name and inspiration.

At Suntra Spa, we offer state of the art spa facilities with the very best holistic, therapeutic and aesthetic care, combined with the latest technology to ensure our visitors experience the ultimate in functional indulgence! The extensive spa-therapy menu has been tailor-made to respect the body's complex physiology and work in synergy with the skin, body, mind and soul; ensuring patron's look and feel their best.

Suntra Spa offers a range of speciality facial treatments by Guinot and Dermalogica as well as an extensive array of body massages, exfoliation treatments, wraps and grooming essentials. For couples there are two speciality suites to enable guests to enjoy individualised treatment side by side.

From non surgical anti-ageing facials to hands-on body therapies; from male grooming and detox programmes to teens and mothers-to-be, Suntra Spa ensures personalised treatments that most effectively address the specific needs of each guest. The spa houses six different treatment rooms, each promising a new ambience and stimulating interest to explore individually through return visits.

Massage Treatments

Suntra Body Massage

The highest quality aromatherapy oils are used in this refined Suntra style massage. Regulated pressure combined with long, strong movements are used to effectively ease tired, aching back and limbs. Excellent for releasing knots and tension in the body.

1 hour

480

1 hour 30 min

590

Back and Neck

250

Bellabaci Massage

620

A NEW massage technique using silicone cups. It improves lymphatic drainage and blood circulation and is great for detoxing. It also helps to improve stretch marks, cellulite and spider veins and is excellent for tight, sore muscles. A relaxing and soothing massage with excellent healing results, it is the most effective deep tissue massage available. 75 min

Scalp Therapy

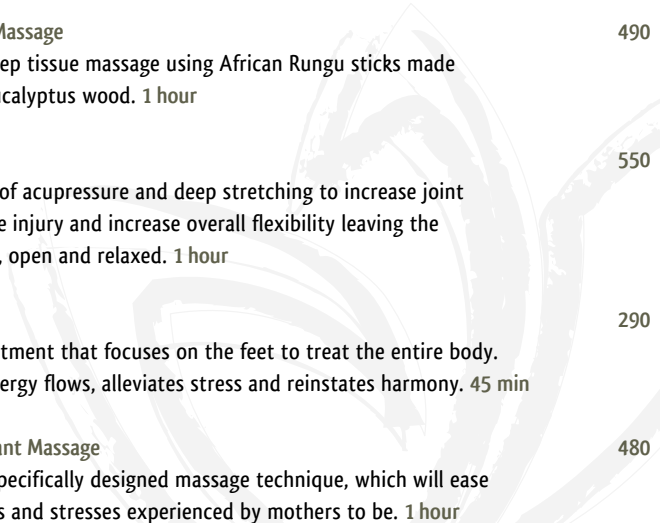
280

Achieve complete relaxation, as alternating slow and vigorous massage movements are applied to stimulate the pressure points on your scalp, head and shoulders. 30 min

Bamboo Massage Therapy

620

A technique that incorporates bamboo stalks to provide deep-tissue work. The massage promotes circulation, sensory nerve perception, and lymphatic drainage and provides a deep sense of relaxation and well-being. 75 min



Four hands Indulgence A relaxing full body massage treatment performed by two therapists working in harmony. 45 min	590
Hot Stone Therapy Heated lava stones, assisting in energising, detoxifying and relaxing the body, while providing deep muscle comfort through the transfer of heat. 1 hour	620
African Rungu Massage A wonderful deep tissue massage using African Rungu sticks made from natural Eucalyptus wood. 1 hour	490
Sports Massage A combination of acupressure and deep stretching to increase joint mobility, reduce injury and increase overall flexibility leaving the body energised, open and relaxed. 1 hour	550
Reflexology An ancient treatment that focuses on the feet to treat the entire body. restore your energy flows, alleviates stress and reinstates harmony. 45 min	290
Perfectly Pregnant Massage Much needed specifically designed massage technique, which will ease the aches, pains and stresses experienced by mothers to be. 1 hour	480

Facial Treatments

All skincare treatments are suitable for both men and women. All include a relaxing neck and shoulder massage and a complimentary hand or foot massage. As a part of our facial, the Bellabaci face deep cleansing ritual is implemented.

Hydradermie 550

High frequency galvanic currents are used to deep cleanse and rehydrate the deeper layers of your skin and speed up cell regeneration.

Hydradermie Plus 640

Hydradermie with the added benefits of an extra concentrated treatment around the eyes ,neck and décolleté area resulting in a youthful, vibrant skin tone.

Hydradermie Lift 570

This ultimate treatment is for lifting and preventative anti-ageing, using specialized micro-current techniques to stimulate facial muscles.

Hydradermie Lift for Eyes 220

Hydradermie Lift Deluxe 730

The most effective non-invasive face therapy for the softening of fine lines, skin discolouration, enlarged pores, sun and age spots, blemishes and scars. After just one treatment you will see the difference.

Double Peel Beaute Neuve 590

Fruit acids, enzymes, protein and vitamins are used to eliminate dead skin cells and rejuvenate the skin.

Liftosome	590
Best suited for mature skins. Aims to energize, tighten and firm the skin using Vitamin C. Relaxes features, smoothes away fine lines and adds a luminous glow.	
Dermalogica or Guinot Prescriptive Facial	350
A feast of steam cleansing, exfoliation, extractions, masque, massage, toning and moisturizing.	
Dermalogica Power Regeneration Treatment	490
Ideal for refreshing and reviving prematurely-aging, dry or sun-damaged skin.	
Dermalogica Medicated Clearing Treatment	390
A deep-cleansing treatment for problem skin.	
Dermalogica Environmental Control Treatment	530
A soothing skin-protecting treatment for inflamed skin.	
Dermalogica Chromo White Treatment	520
A special treatment to regulate pigment production on a cellular level.	
Dermalogica 20 minute Express Facial	190
An express facial for a quick lift. 20 min	
Microdermabrasion	500
A facial that sloughs off the dead and dull surface layers of the skin, stimulating an increase in collagen production and rejuvenation. Dramatic improvements in the tone, texture, and colour of treated areas. 1 hour	

Nail Care

The Petite Pedicure	100
Your trusty toenails are shaped and finished with Perfect Chic nail polish.	
The Suntra Pedicure	190
A relaxing foot soak followed by a soothing foot scrub and a grooming massage before your nails are resurfaced , shaped and finished with Perfect Chic nail polish.	
The Suntra Relax Pedicure	290
Includes all of the above plus an indulgent pressure point foot massage and a mask or paraffin treatment.	
The Mini Manicure	90
Your nails are shaped and finished with Perfect Chic nail polish.	
The Suntra Manicure	180
Cuticles are soaked, hands are scrubbed and given a grooming massage and nails are shaped and finished with Perfect Chic nail polish.	
The Suntra Deluxe Manicure	280
Includes all the above plus a paraffin treatment to recondition nails and hands.	
Acrylic Full set	400
Acrylic Refill	290
Overlay	260



Mind, Body & Soul Upliftment

Mind Spa	350
Allow your mind to reach a deep state of peace and relaxation with the aid of audiovisual technology, while you indulge your feet with acupressure reflexology. 30 min	
Healing Rhythms	480
Achieve a heightened state of self awareness while experiencing a deep connection between your thoughts, your breathing and your heart through the interactive Biofeedback technology programs. 1 hour	
Energy balancing & Hands on Healing	490
After measuring the body's energy field using divination tools, the hands-on healing subtly redirects energy where it is needed most; a release of stress and emotional discord bringing a harmonious balance back to the physical body. 1 hour	
Visualization & Angel Card Guidance	450
Experience a guided visualization in a sacred healing circle of angelic symbol cards, followed by a conscious channeled message; this is a powerful self-affirming process. 30 min	
The Soul Uplifting Ritual	850
This gentle healing combination draws on all of the above disciplines in a two hour session in order to heal and renew body, mind and spirit, resulting in a relaxed, rejuvenated and uplifted state of being. 2 hours	



Body Treatments

Full Body Polish

280

An invigorating circulation booster, leaving you with soft, smooth and glowing skin. Choose between, detoxifying, relaxing or invigorating scrubs to suit your needs. 30 min

Peeling Massage

390

A full body massage to promote circulation, relax your muscles and rejuvenate your skin. 45 min

Power Back Ritual

620

The focus is on relieving back tension with a strong massage using cardamom and mint butter. Once muscles are thoroughly kneaded, a cleansing and refreshing detox scrub removes impurities. Finally, soothing warm lavender paraffin is the ideal treat to reduce muscular aches and moisturise the skin. 1 hour 30 min

Body Wraps

620

Body wraps boast a number of benefits from increased circulation and smoother skin, to detoxification and relaxation. The treatment commences with a full body dry brushing - an invigorating and cleansing treatment, continues with a 30 minute bellabaci massage - a modern treatment based on ancient cupping therapy that achieves amazing medical and therapeutic results including reducing cellulite, improving blood circulation and safely releasing toxins and inflammation from the body and is followed by the application of the wrap that is most suitable for you. Relax with a scalp and face massage while the wrap permeates your skin. 1 hour 30 min

Rasul

The Rasul treatment is a traditional Arabian cleansing ritual, which leaves you feeling calm, and your skin beautifully exfoliated. This ritual is experienced in a private room under the light of a thousand stars. This self application of salt and mud detoxifies and rejuvenates the body. Warm steam envelops the room, and allows you to comfortably relax and unwind. To conclude this experience, warm tropical rain pours down from the dome to gently wash the mud away. This ritual can be enjoyed with loved ones and friends, and is an effective treatment prior to additional treatments offered at the spa. 45 min

1 Person	450
2 People	590

Hamam

Our private Hamam is a steam bath which is meant for sustaining body health, strengthening the immune system and for a general feeling of well being. The traditional Hamam experience includes a full body polish, mud application and a head to toe soap massage. To complete the experience add on the following treatments: 1 hour

Peeling facial 45 min	400
Royale massage 1 hour	400
Hand and foot royal treatment groomed to perfection 1 hour 30 min	350

The look fabulous treatment range

Guinot Self Tan

260

Achieve that delicious sun-kissed look without the sun. This self-tanning cream intensifies and unifies the appearance of a natural tan, moisturising and softening the skin.

With body polish

390

Semi-permanent Eyelash Extensions

490

We can help transform your eyelashes for a longer, thicker, more defined look! Lashes are weightless, and give an extremely sensual look both day and night. Applying one lash at a time onto your existing natural eyelash, we will transform your lashes into lush, beautiful, longer eyelashes. Enhance your natural beauty and amazingly increase your inner confidence.

Teeth Whitening

1200

There is something unique about having a radiant smile that increases your level of confidence, your self esteem, and most definitely your desire to smile more. Our teeth whitening will brighten your smile by 3 shades or more, in just one session. Enjoy a complimentary foot ritual while you benefit from this non invasive procedure.



Wardrobe Consultation and Revamp 2600
Create a new look to reflect the latest trends, shop for key seasonal and long term items, update your current style and wardrobe according your unique body shape and lifestyle.

Finishing touches

Eye Lash tint 60
Eye Brow tint 40

Waxing


Half leg 100
Full Leg 160
Bikini 85
Brazilian 130
Hollywood 160
Back wax/chest wax 140
Arm wax (full) 160
Underarm 60
Eyebrow/ lip/ chin 50



Lightsheer Laser Hair Removal

A revolution in hair removal. Using technology beyond that of other lasers, the LightSheer™ Diode Laser can disable hundreds of hair follicles in less than one second. The procedure is computer-guided, quick, unpainful and promises longlasting results. Book your free consultation now. For other areas and patches please consult with your therapist.

Lip or chin	150
Underarm	380
Bikini	480
Brazilian	700
Hollywood	950
Garden path	180
Full arm or half leg or half back	1100
Full leg or full back	2000





For the two of you ...

Strawberries and Cream

2100 per couple

Ignite your senses and inspire your heart with a sensational body scrub, romantic jet bath, and full body massage, soothing scalp therapy and facial. 3 hours

Moonlight and Roses

1500 per couple

Another tantalizing treatment for two. This heady treatment includes a therapeutic peeling massage, aromatic bath and nourishing facial just for the two of you. 2 hours

Champagne and Kisses

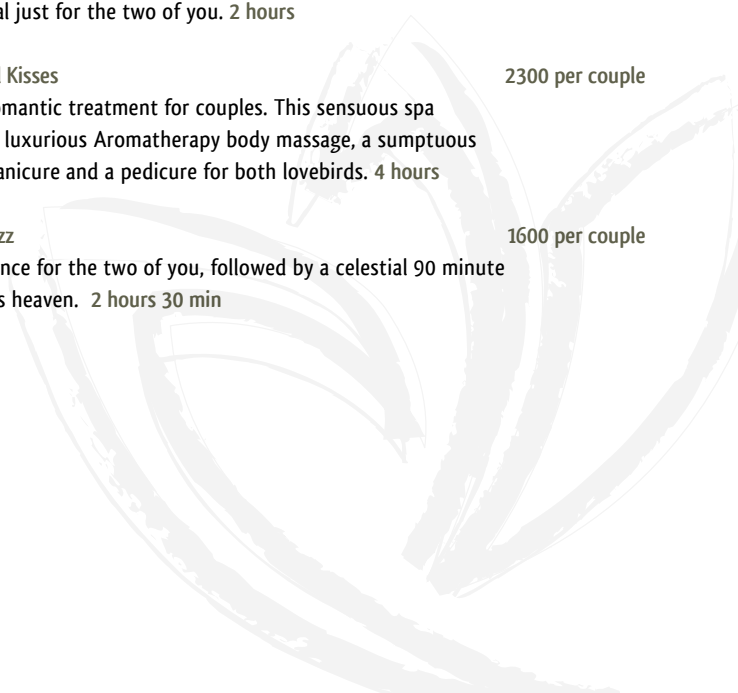
2300 per couple

The ultimate romantic treatment for couples. This sensuous spa duet includes a luxurious Aromatherapy body massage, a sumptuous facial, magic manicure and a pedicure for both lovebirds. 4 hours

Starlight and Jazz

1600 per couple

A Rasul experience for the two of you, followed by a celestial 90 minute massage. This is heaven. 2 hours 30 min



Day Packages

A Day in Heaven	2400
A total body exfoliation, followed by your choice of body wrap, luxury hydrotherapy bath, luxurious facial, hedonistic hot stone massage, magnificent manicure and a pedicure. 5 hours	
Fit For a Queen	890
Indulge yourself with a luxury hot stone back massage, a much needed radiance facial and soothing scalp therapy. 1 hour 30 min	
Hey Mama	990
Perfectly pregnant? How about a relaxing pregnancy massage followed by a facial, a pedicure and scalp massage. 2 hours 30 min	
The Chakra Balancing Treatment	860
This holistic treatment focuses on the release of deep-seated tension and blocked energy. Body exfoliation is followed by a full body massage using carefully selected essential oils and gem stones. The treatment is completed by an acupressure face and head massage, combined with gentle stretching to soothe away stress. 2 hours	
A Perfect Day	1250
Includes a hot stone massage, facial, manicure and pedicure. 3 hours 30 min	

The Jet Lagged Special

770

How about an invigorating massage and hydrating facial to rejuvenate body and mind after a long journey? 2 hours

The Works

750

We will set three therapists to work on you at the same time. Includes a facial, eye brow wax, eyelash tint, manicure and pedicure. 1 hour

Teen Spa

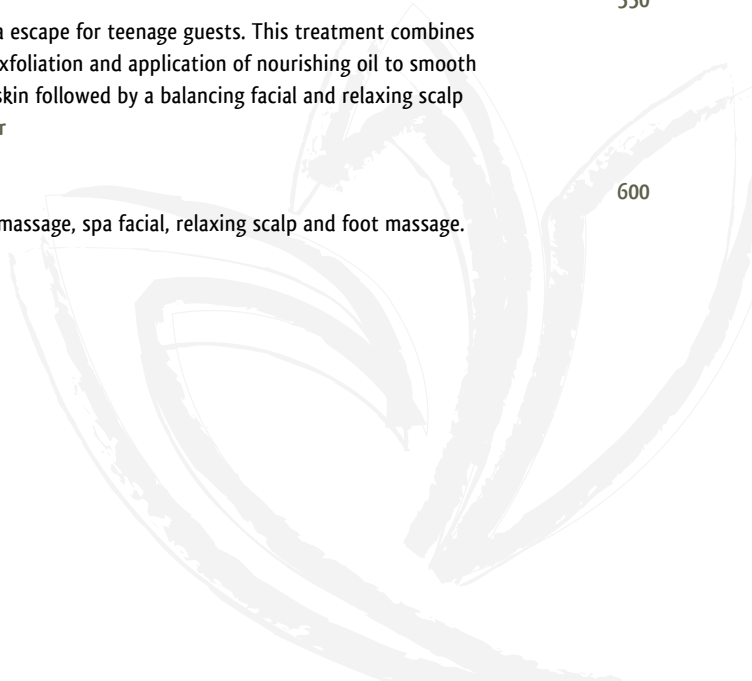
550

The perfect Spa escape for teenage guests. This treatment combines a gentle back exfoliation and application of nourishing oil to smooth and condition skin followed by a balancing facial and relaxing scalp massage. 1 hour

The Taster

600

Back and neck massage, spa facial, relaxing scalp and foot massage. 1 hour 30 min



Suntra SPARTIES

A fantastic venue for your next birthday party, hen party, baby shower, teens spa day, office party, theme party or a girls day out. These packages are available for groups of 4 or more. Some delicious snacks and drinks on our pool deck can be arranged. Our professional therapists, 15 on Orange Reputable chefs and excellent service will guarantee you an unforgettable day . Now all you have to do is simply relax.

Luxury Spoil Day 880

Full body and scalp massage, followed by a Spa Facial and your choice of a Spa Manicure or Pedicure. 3 hours

Angel's Club 490

Full body polish, revarnish for hands and feet. Brow and lash tint and a Brow shape. 1 hour

Express Inspiration 450

Back and neck massage, express facial. Mini manicure or mini pedicure. 1 hour

The Bliss Alliance 790

Pick and choose 3 of the following treatments: 50 minutes body massage, scalp therapy, reflexology, facial, body polish, pedicure or manicure. 150 min

Vouchers Available

Spa treatments make the ideal present, gift vouchers are available at the spa, or can be delivered for your convenience.

Vouchers are valid for 4 months only.

We will always do our very best to accommodate you on a short notice.

Cancellation Policy

A 50% cancellation charge will be incurred for any treatment or day spa programme cancelled within 5 hours of the appointment time.

No show will incur 100% charge.

Gift Certificates

Deposits taken for group bookings & packages.

Contact us

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Mon – Sat: 8 am – 8 pm. Sunday: 10 am – 6 pm.